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Inside this issue:

From the Chair	1
Member Spotlight: Sonya Lemke	2
Author! Author!	3-4
In Our Toolkit: Zotero hib	5

From the Chair

Keydi O'Hagan, MLS, AHIP Librarian Jersey College, Teterboro Campus

As the Andy Williams song goes ... "It's the most wonderful time of the year. It's the hap-happiest season of all with those holiday greetings." For some this song rings true. However, for some the opposite, a blue holiday season. MLA has lost some valuable members within the past few years especially N. Bernard "Buzzy" Basch, Naomi Cordero Broering, William Allen Clintworth, Roz Dud-



den, Susan Keesee, Valerie Rankow, Pat Gallagher and my mother Cathy Boss (back in 2019) to name a few. For myself, my father passed away on Christmas Eve 2021 in church just prior to the children's mass. Feelings of melancholy, loneliness and fatigue are normal this time of year as well as the financial stress of the holidays. According to National Alliance on Mental Illness (NAMI)'s website, some tips to overcome the blues include sticking to a normal routine, exercising and finding ways to relax. I would add participating in something one enjoys.

To help overcome my sadness, one of my favorite traditions is looking at the Christmas lights. Nature also provides "holiday lights" – the Aurora Borealis (aka the Northern Lights). This year, my husband and I had the pleasure of seeing the Northern Lights on a cruise to Greenland from Cape Liberty, NJ in September. The first time I saw them, they were hard to see except through my phone. As the ship got closer to Greenland, they became stronger, and I was even able to see them through my eyes. Just like in the major religious faiths – the light from candles and the stars have brought my mood out of the darkness. My wish for all NAHRS members for 2024 is happiness that truly warms your heart, brings a smile to your face, and lights up your life.



NAHRS Member Spotlight: Sonya Lemke, MLS

NAHRS Member Since: 2019 First Professional Position:

- Medic in the United States Air Force, 1987-1991, Desert Storm Campaign
- First library professional position: Embedded Product Information Librarian, Alcon (Novartis)

Current Position:

Health Sciences Librarian, Arkansas Colleges of Health Education (ACHE), Fort Smith, AR. Liaison to the health sciences programs, Systems Librarian, Access Services Librarian, Technical Services Librarian. ACHE is a private, not-forprofit institution dedicated to educating and training a diverse group of highly competent and compassionate healthcare professionals located in Fort Smith, AR.

Education:

- Bachelor of Science, Business Management -University of Phoenix
- Master of Library Science University of North Texas
- EdD in progress AT Still University

Favorite Podcast: Armchair Expert with Dax Shepherd and Monica Padman

Involvement in MLA or library organizations:

- AHIP—Member
- Attended MLA conferences 2019, 2021, 2022 and 2023
- MLA Jury



Sonya Lemke, MLS

- Credentialing Committee
- Oral History Committee
- History of the Health Sciences Caucus Chair-Elect
- NAHRS Caucus
- Vision Science Caucus
- SCC/MLA– member
 - Research Committee
 - Fundraising Committee
 - Secretary
 - Nominating Committee

I became a librarian/informationist because:

I was born a librarian. I loved visiting the library as a kid. When thinking about what I wanted to do after years of working in hospitals and clinics, I wanted something that would blend my love of knowledge, books and helping others with my medical experience.

Issues that I see are big for NAHRS members in the profession are:

Bridging the gap between academia and clinical/hospital librarians.

Educating hospital/clinical systems what librarians do and how they are valuable to the organizations.

My bucket list includes:

Vacation in Italy & Slovenia.

My favorite holiday is: Christmas because my mom made it festive for us and I carried that tradition to my own children. Now that I am older, I celebrate differently but I love the decorations, the music, and my faith.

If I could have dinner with 4 people in the world (living or dead): Abraham Lincoln, Hugh Jackman, Jesus Christ, My mom In my spare time, I like to: read, travel to see family and

read, travel to see family and friends, watch movies, work out when I have the energy, photography, and play card games.

Weirdest question/request I've had as a librarian/informationist: so far has been "Can you find me an agent to publish my book?"

Other item(s) you would like us to know:

I am an amateur genealogist. I descend from both Spanish and English lines with Indigenous Americas mixed in. I like to say I am a mixed salad. I descend from tough, hardworking, strong women with grit.

Author! Author! - NAHRS Members Activities

Featured Profile

Sarah Wade, Medical Librarian at the Jerry M. Wallace School of Osteopathic Medicine, Campbell University and NAHRS Immediate Past-Chair, was profiled in the October 24, 2023 *Doody's Collection Development Monthly* dcdm.doody.com/2023/10/dct-librarian-selector-profile-sarah-wade-mls-ahip/

Articles

Murdoch, I, Carver, AL, Sultan, P, O'Carroll, JE, **Blake**, **L**, Carvalho, B, Onwochei, DN, Desai, N. (2023) Comparison of different nonsteroidal anti-inflammatory drugs for cesarean section: a systematic review and network metanalysis. *Korean journal of anesthesiology* 76(6): 597-616. https://doi.org/10.4097/kja.23014

Wood, NK, Penders, RA, **Dyer**, **AM**. (2023) Breastfeeding Disparities Among Rural Breastfeeding Dyads in High-Income Countries: A Scoping Study. *Breastfeeding Medicine* 18(11): 805-821. https://doi.org/10.1089/bfm.2023.0111

McGinness, G, **Epstein, HAB.** (2023) Vaccine hesitancy in adolescents: library outreach partnerships to raise vaccine literacy. *Journal of Consumer Health on the Internet* 27(4): 424-430.

Fial, AV (2023, October 24) Review Update: Science Direct. *Doody's Collection Development Monthly*.

dcdm.doody.com/2023/10/review-update-science-direct/

Goodman, XY, Godbey, SA (2023) An explicit approach to

liminality as an inclusive approach to librarian support for graduate student researchers. *Reference Services Review* Vol. ahead-of-print No. ahead-of-print. https://doi.org/10.1108/RSR-04-2023-0036

Torrisi, C, Anderson, EA, Patel, K, **Graves, R,** Armer, JM (2023) Breast, chest and truncal lymphoedema occurrence following risk-reducing mastectomy: a review of the literature. [Review] *Journal of Lymphoedema* 18(1): 1-6.

Carrico, M, Frosch, C, Craig, K, Carter, M, Falk, J, Guerrero, S, **Huang, L,** Kossoudji, A, Michelson, TR, Miller, P, Park, C, Solt, T, Wakefield, BJ. (2023, Nov 8) Implementation of Video Blood Pressure Visits in the Veterans Health Administration. doi.10/1089/tmj.2023.0269

Bittar, A, Zipperlen, C, Gilbert, G, Cho, L, Valveri, J, Kontonicolas, F, **Joseph, C.** (2023, Sept 19) Comparison of outcomes for fixed and weight-based four-factor prothrombin complex concentrate dosing regimens. *European Journal of Hospital Pharmacy* doi:10.1136/ejhpharm-2023-003892

Klein-Fedyshin, M, Ketchum, AM (2023, July) PubMed's core clinical journals filter: redesigned for contemporary clinical impact and utility. *JMLA Journal of the Medical Library Association* 111 (3): 665-676. doi:10.5195/jmla.2023.1631

Brickner, S, Fick, K, Panice, J, Bulthuis, K, **Mitchell, R,** Lancaster, R. (2023, September 22) Professional values and nursing care quality: A descriptive study. *Nurs*-

ing Ethics doi:10.1177/09697330231200567.

Raees, S, Forgie, M, **Mitchell, R,** Malloy E. (2023) Calcium carbonate as a potential intervention to prevent labor dystocia: narrative review of the literature. *Journal of Patient Centered Research and Reviews* 10: 128-135. doi: 10.17294/2330-0698.2010

Daniels, K, Willis, C, Stephenson, PL, Baker, BL, Schuchardt-Peet, C, Six-Means, A. (2023) Assessment of Library Services in Pediatric Hospitals in the United States and Canada. *Medical Reference Services Quarterly* 42(4): 352 -369.

doi:10.1080/02763869.2023.22580 54

Hollabaugh, WL, Sin, A, Walden, RL, Weaver, JS, Porras, LP, LeClere, LE, Karpinos, AR, Coronado, RA, Gregory, AJ, Sullivan, JP. (2023, September 8) Outcomes of Activity-Related Lower Extremity Muscle Tears After Application of the British Athletics Muscle Injury Classification: A Systematic Review. Sports Health https://

doi.org/10.1177/194173812311955 29

Pope, R, English, W, Walden, RL, Bradley, E, Spann, M, Ardila-Gatas, J, Broucek, J, Williams, B, Samuels, JM (2023, November 5)

(Continued on page 4)

Author! Author! - NAHRS Members Activities

(Continued from page 3)

Non-Operative Approach to Contained Perforated Marginal Ulcers: A Systematic Review and Case Series. *American Surgeon* https://doi.org/10.1177/000313482312095

Wyles, C, Shea, K, Weiss, A, Newman, K (2023, December 10) A virtual dissemination framework to inform and evaluate a neonatal project ECHO (NeoECHO) *Journal of Advanced Nursing* DOI: 10.1111/jan.15986

Presentations

Epstein, HAB (2023, November) Searching the Nursing Literature in an Evidence Based Way. Presentation. 15th Virtual Conference Nursing Education & Practice.

Esparza, J, Freeman, E, Jackson, SP, Schmoutz, C, Ware, E, Farmer, D, Green, A, Jones, K. (2023, May) Mapping Labor and Delivery or Birthing Centers and Neonatal Services Associated with Hospital Services in Six States. Poster Presentation. MLA/SLA Annual Meeting, Detroit, MI.

Esparza, J, Dobbins, MT, Duggar, DC, Jackson, SP, Ware, E, Schmoutz, C, Barlow, RG, Barras, AA, Crochet, CN, Dowell, K, Klazyndki, RJ, Parks, RK, Price, WJ, Toups, CR. (2023, May) Escaping the Mundane: Using a Virtual Escape Room to Assess Epi-

demiological and Biostatistical Concepts before STEP 1. Paper Presentation. MLA/SLA Annual Meeting, Detroit, MI.

Esparza, J. (2023, September) Visualizing the Value of Researcher and Institution Publications. CE course instructor. South Central and Southern Chapters/MLA joint Annual Meeting, New Orleans, LA.

Esparza, J, Dobbins, M, Freeman, E, Bryant, L, Coleman, M, Pollard, A, Ramesh, P, Smith, J. (2023, September) Is everything free on the internet? An analysis of LSUHS Grant Associated Publication Citations. Paper presentation. South Central and Southern Chapters/MLA joint Annual Meeting, New Orleans, LA.

Received 3rd Place 2023 Elizabeth K. Eaton Research Award for Papers from the South Central Chapter/MLA and South Central Academic Medical Libraries Consortium.

Robinson, L, **Henderson**, S, Robinson, C, Brunner, H, Morgan, R, Reeder, B. (2023, October) Creating an Interactive Guide to Support Health Disparities Competency. Paper Presentation. Midwest Chapter/MLA Annual Conference (virtual)

Henderson, S, Robinson, L, Morgan, R, Robinson, C, Keinsley, J. (2023, October) Navigating Organizational Change through Teamwork. Poster Presentation. Midwest Chapter/MLA Annual

Meeting (virtual)

Ware, E. (2023, September) The Computers Work for Us; We Don't Work for the Computers. CE course instructor. South Central and Southern Chapters/MLA joint Annual Meeting, New Orleans, LA.

Ware, E. (2023, September) Increasing Engagement with Kahoot! Paper presentation. South Central and Southern Chapters/MLA joint Annual Meeting, New Orleans, LA.

Ware, E. (2023, September) Helping Create "Better Posters" Lightning talk. South Central and Southern Chapters/MLA joint Annual Meeting, New Orleans, LA.

Wyles, C, Shea, K. (2023, November) Uncovering the Hidden Workforce: A Study of Direct Care Workers in Assisted Living Homes. Abstract Presentation. Gerontological Society of America (GSA) Annual Conference: Building Bridges, Catalyzing Research, Empowering All Ages, Tampa, FL.

Wyles, C. (2023, October) Enhancing care through education: An inquiry on barriers and facilitators impacting direct care workers' learning in assisted living homes. Abstract Presentation. National Hartford Center of Gerontological Nursing Excellence (NHCGNE) Annual Conference: Research, Scholarship, and Innovations for Optimal Aging. (virtual)



In our Toolkit - A column for Resources New and Cool

This column highlights useful, cool, or new resources including websites, monographs, OA sources, subscription resources/databases, etc. that NAHRS members find helpful to their work.

Tool: ZoteroBib (zbib.org)

Recommended for: Students or researchers creating quick bibliographies

In a Nutshell: ZoteroBib is a free tool that allows any user to quickly create bibliographies without installing software or creating yet another account. Like other full-featured citation managers, ZoteroBib can format references in over 10,000 citation styles from just the URL, ISBN, DOI, PMID, arXiv ID, or title. Because the bibliography is stored locally through the browser, users can return to their bibliography at any time on their computer (as long as they have cookies enabled). With a click of the *Link to this version* button, the bibliography can be accessed from another computer or shared with collaborators on

zoterobib

zbib.org for at least six months without any personal information attached. ZoteroBib is the perfect, easy tool for anyone who does not want to commit to a citation manager, does not have software installation privileges, or who might want to conduct research in multiple locations.

Column Editor: Elizabeth Moreton, MLS, Clinical Nursing Librarian, University of North Carolina at Chapel Hill.

To recommend a tool for this column, fill out the Google form at http://bit.ly/NAHRStoolkit. Tools mentioned in this column will also be added to the NAHRS Resources Wiki. To see the full list of resources, or to offer up your own suggestions via the Wiki, visit http://bit.ly/NAHRSresources.

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Other committee chairs and section representatives are listed at https://www.mlanet.org/page/caucus-landing--nahrs

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Deadlines for submissions are March 15, June 15, September 15, and December 15. Submit items for publication via e-mail to:

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